

AROMA
Insalata

Add Chicken or Prawns for \$5

Aroma Caesar

crisp romaine lettuce tossed in a roasted garlic parmesan dressing complimented by bacon and a fresh herb crostini

starter \$9.5

full \$11.5

Smoked Mozzarella Salad

Tuscan greens and vine ripened tomato tossed in a fig balsamic vinaigrette topped with our in house smoked mozzarella

starter \$9.5

full \$11.5

AROMA
Anti-Pasto

Pesto Parmesan Crab Dip

A warm crab dip with a creamy blend of Italian cheeses and herbs served with a roasted garlic flat bread

\$13.5

Divino Estate Mussels

Steamed mussels and roma tomatoes tossed in a divino estate pinot de pinot cream and served with fresh herb foccacia

\$13.5

Polenta Fungulo

Crimini mushrooms and in house smoked chicken sauteed with a white wine tomato broth atop fried polenta

\$12.5

Sicilian Prawns

Succulent pacific prawns sauteed with bell peppers, red onion and crispy cappicola served with fresh herb foccacia

\$12.5

Aroma Brushcetta

Fresh roma tomato, red onion, basil, olive oil and fig balsamic vinaigrette atop toasted herb foccacia and finished with parmasano reggiano

\$10.5

AROMA
Pasto

all pastas served with fresh bread
add a side salad of your choice for \$3.5

Pasta le Pinot

fresh jumbo fettuccini and smoked chicken tossed in a divino estate pinot de pinot alfredo

\$16.5

Cowichan Lake Meatball

Plump meatballs made with venison, beef and pork cooked in a traditional red wine marinara atop spaghetti

\$16.5

Aroma Seafood Linguini

mussel, prawn, crab, capicola ham, crimini mushroom and bell peppers tossed with linguini in a rose cream

\$18.5

Tuscan Pasta Primavera

fresh seasonal vegetables tossed in a classic marinara atop spaghetti and finished with parmasano reggiano

\$16.5

Penne Pacifico

crab, prawns and creamy ricotta tossed in an averill creek pinot grigio cream and baked with mozzarella

\$17.5

Penne Bolognese

A classic italian meat sauce atop penne and baked with mozzarella and parmasano reggiano

\$16.5

Smoked Chicken & Artichoke Manicotti

fresh pasta stuffed with our in house smoked chicken, artichokes and creamy ricotta all baked in a rose cream

\$16.5

AROMA
Secundo

served with chef's accompaniment of starch and vegetable

Chicken Sopprano

fresh oregano and greek yogurt marinated chicken breast wrapped in prosciutto and complimented by a white wine mushroom sauce

\$17.5

Manzo Brasato

boneless short ribs slow braised to perfection in red wine, fresh basil and whole tomato then served in its own juices

\$18.5

AROMA
Pizza

All our pizza is available on a thin, thick or whole wheat crust

2 for 1 Sm \$21 Lg \$31

Italian Margherita

spinach, tomato and mozzarella

Cookhouse Double Pepperoni

double pepperoni and mozzarella

Outrigger Hawaiian

ham, pineapple and bacon

The Classico

ham, pepperoni, mushroom and red onion

The Apollo

italian sausage, red onion, bell pepper, mushroom and bacon

AROMA
Gourmet Pizza

Sm \$16 each Lg \$22 each

The Boot

pesto, tomato, bell peppers, red onion, spinach, artichoke hearts, mushroom and feta

Rustica

smoked chicken, red onion, bell peppers, pineapple and bacon

Soprano

capicola, pepperoni, bacon and italian sausage

The Aroma

Pepperoni, capicola, tomato, spinach and pesto

Pizza Bianco

crab, victorian style cream cheese, prawns, bell peppers and red onion atop alfredo sauce

AROMA

Neighbourhood Italian Bistro

2 - 78 Cowichan Lake Rd, Lake Cowichan, BC

Open 7 days a week 4pm - 9pm

250-749-7799

www.aromagourmet.ca